## Motion

An object is in motion if its distance from another object is changing.

A reference point is a place or object used for comparison to determine if something is in motion.

An object is in motion if it changes position relative to a reference point.

The speed of an object is the distance the object travels per unit of time.

## Speed $=$ Distance <br> Time

To calculate average speed, divide the total distance traveled by the total time.
*distance $=32 \mathrm{~km}$ (1st 2 hours) and then 13 km (the last hour).
*time: 3 hours
Average speed $=\frac{45 \mathrm{~km}}{5 \mathrm{hr}}=15 \mathrm{~km} / \mathrm{hr}$
Calculating average speed:
Two families meet at the Sports arena at 10:00 AM. Each family uses a different way to get there.
The Stuker family leaves at 9:00 AM and drives 90 km on the highway. The Warnell family leaves at 9:30 AM and rides the train 30 km .

1. What is the average speed for each family's trip?
2. Which family travels at the faster speed?

Velocity: speed in a given direction.

Slope: the steepness of a line on a graph
Slope $=$ Rise
Run
The slope tells you how fast one variable changes in relation to the other variable in the graph.

